

Elk Point REVIEW

Bringing You the News since 1984

Tuesday, October 7, 2014
Vol. 34 No. 40 • \$1 (GST incl.)

Early Deadline

Due to the Thanksgiving holiday weekend, deadline for advertising and news submissions for the Oct. 14 issue will be Wednesday, Oct. 8 at 10 a.m. Have a great long weekend, everyone!



Stubbs meets Elk Point supporters

...Page 8



Vicki Brooker photo

Survivors lead EPE Terry Fox Run

Elk Point Elementary School Phys. Ed teacher Christie Roche and young cancer survivors Kayleigh Morin, Abby Rybchinsky and Jake Fontaine led the long lineup of students, staff, volunteers and other supporters down 50th Street as they began their Terry Fox Run on Monday, Sept. 29. The run was originally planned for the previous Friday, but was rescheduled due to rain.

More photos, Page 2.

Elementary students keep Fox's dream alive

VICKI BROOKER
Review Staff

Elk Point Elementary School students, staff and volunteers honoured the memory of one of Canada's national heroes last Monday, as they formed a cavalcade that stretched from the school's parking lot all the way south to the post office as they embarked on the school's annual Terry Fox Run.

Before setting out on their own Journey of Hope, participants watched a slide show on the short but incredibly meaningful life of Terry Fox, whose perseverance and enduring will has touched the world. The young amputee ran the equivalent of a marathon every day for 143 days, covering 5,373 miles in six provinces, never giving up, and exhibiting strength, courage and selflessness in his heroic attempt to raise money for cancer research. Thirty-four years later, people in many nations of the world are carrying on the quest Fox started back in 1980, making this the longest-living marathon to date.

Although Fox's momentous journey was cut short, "We all get to continue his dream," teacher Christie Roche said, before introducing Elk Point Elementary's own heroes, three students who are cancer survivors, Jake Fontaine, Abby Rybchinsky and Kayleigh Morin, who then took up Canadian flags to lead the school's 2014 parade around the community.

Iron Horse Ultra 100 sees biggest turnout yet

JON SVEC
Review Contributor

When the 120 runners stood at the starting line to take on the annual Iron Horse Ultra 100, it was raining.

Friends and support staff jockeyed for cover as the runners stretched their legs and readied for

First runner across the Iron Horse Ultra 100 finish line on Saturday was Victor Stepa, who was part of a four-member 100 km relay team.

the race, and soon Town of St. Paul Mayor Glenn Anderson was taking the microphone in order to offer some words of encouragement. On his command, the race began, and the runners took off into the dark, wet morning.

As the day progressed, however, the sun came out to help guide the runners through the scenic, treacherous course.

Runners on the day were broken up into a few different categories. There were 100-mile teams, 100-mile soloists, 100-kilometre teams and 100-kilometre soloists.

Throughout the day, race director Monique Poulin kept track of all the runners and volunteers from the race headquarters at the Reunion Station grounds in St. Paul.

"It's been a good day. We've got some fast runners," she said as the first finishers neared the race's end. "It was a bit cold and rainy this morning, but since then it's been great."

Victor Stepa of Elk Point was the first to cross the finish line. He was the member of a team that was traversing the 100-kilometre course.

(Continued on Page 3)



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RCMP goes along for the Run

ANNUAL GENERAL MEETING
Thursday, October 23, 2014 at 7 p.m.
in the Club House (Staging Area) by Eco Ctr.

Elk Point RCMP kept a watchful eye on the participants of Monday's Elk Point Elementary School Terry Fox Run, bringing up the rear as the journey began, right, and stopping traffic to allow the walkers to cross streets safely as they made their way back to school, above.



Bar Tee EL Quarter Horses
ANNUAL PRODUCTION SALE
Thursday, October 16, 2014 @ 6:00 pm
Western Pride Auctions, Bonnyville, AB
(In conjunction with Regular Horse Sale)

On offer our usual high quality offspring
17 Foals: 2 bay roans, 4 dun, 2 grallo, 6 blue,
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Joey 780-826-5876
WP Auction 780-826-2233
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UNRESERVED AUCTION
SAT., OCT 18 - 9:30 A.M. - ESTATE OF ROY KREKOSKI
& FOR SHIRLEY KREKOSKI - ST. PAUL
FOR INFO. PH. SHIRLEY 780-645-2629

LOCATION - From St. Paul on Hwy 881.5 miles North to Twp. Rd. 590 & 1/4 mile East
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NOTICE
COUNTY OF
ST. PAUL NO. 19

Notice is hereby given that the Council of the County of St. Paul No. 19 is considering **Bylaw No. 2014-24** which is a Bylaw to amend the Land Use Bylaw No. 2013-50 as it relates to zoning of the following land:

S 1/2 of SE 6-57-6-W4M
Proposed rezoning from Agricultural to Industrial Commercial

A Public Hearing will be held on **Tuesday, October 14th, 2014 at 11:15 a.m.** or as soon thereafter as can possibly be arranged, at the County Office (5015-49th Ave) in St. Paul.

Copies of the Bylaw and Plan may be inspected during normal office hours at the County Office.

For further information, contact the County Office at 780-645-3301, ext 205.
Krystle Fedoretz
Planning & Development Officer
County of St. Paul No. 19
5015 - 49 Avenue
St. Paul, AB., T0A 3A4

NOTICE
COUNTY OF
ST. PAUL NO. 19

Notice is hereby given that the Council of the County of St. Paul No. 19 is considering **Bylaw No. 2014-20** which is a Bylaw to amend the Land Use Bylaw No. 2013-50 as it relates to zoning of the following land:

Lot B, Plan 8322712 contained within NW 31-56-6-W4M
Proposed rezoning from Agricultural to Industrial Commercial

A Public Hearing will be held on **Tuesday, October 14th, 2014 at 11:00 a.m.** or as soon thereafter as can possibly be arranged, at the County Office (5015-49th Ave) in St. Paul.

Copies of the Bylaw and Plan may be inspected during normal office hours at the County Office.

For further information, contact the County Office at 780-645-3301, ext 205.
Krystle Fedoretz
Planning & Development Officer
County of St. Paul No. 19
5015 - 49 Avenue, St. Paul, AB., T0A 3A4

Iron Horse 100

(Continued from Front Page)

"It was good," he said of the race as he worked to catch his breath. "It couldn't have been better."

"The organizers have really out-done themselves this year," said Sandra Ockerman, one of his teammates. "They are really dedicated and it's always improving. It's beautiful country."

The team also consisted of Karen Ockerman and Doug Zarowny.

John Hubbard of Calgary was the first solo runner to break through the tape. One of the reasons that Hubbard made the trip was to complete the Alberta Triple, which is achieved when one runs three races totaling 385 kilometres.

"It's a huge feat," he said of the Triple. "The races are all kind of unique, and they are all kind of treacherous in their own way, and St. Paul's is no different."

He logged a lot of training in order to accomplish this goal, but he asserts that the mental aspects of these ultra runs far outweigh the physical.

"It doesn't matter if you're a beginner or someone who's run a lot. It's one of those things where 100 kilometres is a huge challenge," he said. "You'll see a lot of people not finish because, mentally, they are just not prepared."

He was impressed with the course and its scenery, though the conditions did play a factor in his race.

"The wind was actually a big factor. It made me pretty uncomfortable," he said. "It rained this morning, but I didn't mind that because it stopped and it warmed up, but later on the wind really kicked up, and it was in your face for most of the day, so that was certainly challenging."

Travelling the circuit, he says that the camaraderie felt during these races is one of the things that keep him coming back.

"I think that that's probably the secret to why people run ultras. It's a community," he said. "If you run in Alberta enough, those people that are kind of at all the big races are just great to hang out with. It doesn't matter if they win or they come in last place, they are all great

people, and it's a nice community feel."

He says that his recovery will consist of a lot of icing down, and also some pizza and other cold beverages.

"It's all good," he laughed. "That's the great thing about doing 100km. I can eat anything I want now."

Another shift in the conditions made things difficult for the 100-mile runners who were going through the night.

"It was pretty exciting at three o'clock in the morning when the fog rolled in," Poulin said. "I had never seen fog so thick. The runners couldn't even see the next flag."

The dangerous hindrance caused the organizers to make a difficult decision. They ended up pulling the runners who had yet to make it to the last aid station.

"The runners were in awesome shape. They totally could have made it," she said of the three runners who were pulled.

All in all, though, the event was a success.

"It was very good. The runners were really pleased with the course," Poulin said. "The feedback was really good."

Though the all-night event had the organizers almost as tired-out as the runners, Poulin is still up to do it again next year.

"When I return the key to the town today, I will book the Reunion hall for next year," she said.

Results

100 km Solo

Hubbard, John - 10h 31min
Johnson, Mark - 13h 23min
Closson, Stephen - 13h 47min

100 km Team

The Hawks - 10h 10min
Mind Over Miles - 11h 07min
Between a Walk and a Hard Pace - 11h 48min

100 mile Solo

Campbell, Dawneen - 19h 18min
Blackbird, Bert - 21h 01min
French, Adam - 21h 01min

100 mile Team

Adonis Brothers - 14h 59min
Dragon our Sorry Asses - 18h 09min
The Donner Party - 19h 58min46



Volunteers light up the departure lane at the Elk Point checkpoint in readiness for Iron Horse Ultra 100 runners coming through after dark.

30th Annual Ducks Unlimited Dinner & Auction

St. Paul Ukrainian Cultural Centre
5601 - 51st Street, St. Paul, AB

Saturday, Oct. 18, 2014

Giving away a gun every hour!

Cocktails: 5:30 p.m., Dinner: 6:30 p.m.

Comedian: 8:00 p.m.

For tickets please contact:

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FINAL REGISTRATION
Monday, October 20, 2014 - 5:00 p.m.
A.G. Ross Arena - Horizon Room
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Kelly 780-724-3371 or 780-645-1022

*Have a safe and enjoyable
Thanksgiving weekend, everyone!*

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Capsule Comments
by Your Natural Choice Apple Drugs
Pharmacy Manager, Chris Letawsky

- We take our hearing for granted but having a hearing problem can be a serious disability, hindering communication and causing feelings of isolation. Protecting your hearing is very important. Even a power mower has a decibel rating of 91. Other noise sources and their ratings include rock concerts (110), power saws and pneumatic drills (120), a fired gun (140). Use ear protection over 90 decibels.
- Australian government recently increased the excise tax on imported tobacco products again. Some tobacco manufacturers are lowering their prices by producing cheap cigarettes at half the price of premium brands. There's a worry that cheaper prices will turn more young people on to the habit.
- The cold season is coming upon us soon and people ask us what really works for colds? Zinc lozenges may help. They don't help prevent colds but may shorten the duration. Hand-washing is effective. Do it often. Pain relievers like acetaminophen and ibuprofen help you feel comfortable. Non-prescription antihistamine/decongestion combinations can also bring added comfort.
- If you have a child with lice, you can remove the eggs from the hair using a lice comb. This process will be made easier by treating the hair with conditioner first to make the eggs easier to remove.
- If you have a lice situation in your home, our pharmacists will be happy to advise on the best treatment.

Pharmaceutical Services Team

Chris Letawsky
Pharmacy Manager

Seyi Oyebo
Pharmacist

Amanda Sidener
LPN/Pharmacy Assistant

Apple Drugs Flu Shot Clinic Coming Soon!
On October 20th, we will be starting our 2014 Flu Immunization Initiative with Free Flu Shots to all Eligible Albertans over the age of 9. Additional staff will be on hand that day from 10 am to 6 pm to keep wait times to a minimum.
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EDITORIAL

All in the running

It seems to be the season for running, and the causes are several and varied.

This year's physical runs are now in the history books - the St. Paul Athletics Association cross-country run for junior and senior high school students was a couple of weeks ago, Terry Fox Runs for both adults and students were held last week, and the Iron Horse Ultra 100 swept through the country this past weekend. The first and last of these brought recognition to athletes, the second raised money to fund the ongoing race to find a cure before more lives are lost to cancer.

The other races are in the political arena, with some underway and others still hovering on the horizon.

Our new premier, Jim Prentice, has won the Alberta Progressive Conservative leadership race, but he still has another race ahead of him: to win a seat in the legislature, as do two of his new cabinet ministers. This, in itself, is an unusual situation. While Prentice does not have to be a MLA to be premier, he does need to be to sit in the legislature and participate in debates. Cabinet ministers must be elected members of the party.

Another race is also underway to fill the vacant seat previously held by former premier Alison Redford, the Alberta New Democrats are deep in a race for a new leader, while other political hopefuls are seeking the nomination to run in the new federal riding of Lakeland when a federal election is called.

Those races make the Iron Horse look easy.

YOUR VIEWS

Storseth encourages recognition of WWII veterans

OTTAWA - Member of Parliament Brian Storseth highlighted Minister of Veterans Affairs Julian Fantino's recent announcement of a national tribute to recognize Canadian Veterans of the Second World War in honour of the 75th anniversary of Canada's participation in the conflict.

Canadians who served at least one day with Canadian forces, or with any other Allied force including the Canadian or British Merchant Navy, either at home or abroad, during the Second World War, are eligible to apply for the commemorative lapel pin and certificate.

The design of the commemorative pin and the illustration on the certificate are based on the original "Victory Nickel" which features a flaming torch and a large 'V' standing both for victory and the coin's denomination. The coin was originally in circulation from 1943 to 1945 and was re-issued in 2005 to commemorate the 60th anniversary of Victory in Europe Day.

"Canada's contribution to the Second World War was disproportionately large, with more than one million Canadians and Newfoundlanders serving, more than 55,000 soldiers were wounded and over 45,000 gave their lives," stated Storseth. "This tribute is a reminder to all Canadians of the great sacrifices given by those who courageously defended our freedom and peace, and a small gesture of pride and appreciation to our veterans."

To request recognition of a veteran for their service, please contact MP Brian Storseth's office at 1-800-667-8450 or brian@brianstorseth.ca. Applications can also be submitted online at www.veterans.gc.ca



OUR VIEWS

Rosier picture, courthouse closure, Year of Older Persons

HERE'S THE NEWS THAT MADE THE HEADLINES OF THE ELK POINT REVIEW AND LAKELAND REVIEW FOR THE WEEK OF OCT. 7 IN...

1984

Mayor Ed Buck swore in new town councillors Alvina Schuhmacher and Walter Lesyk on Thanksgiving Monday, giving the town a full council for the first time since late June. Only a dozen members turned out for the Agricultural Society annual meeting, where the treasurer's report showed a much rosier picture than in previous years, despite renovations costing about \$4,000.

1989

A total of 87 awards were presented at F. G. Miller High School, with the Governor General's bronze medal, the County of St. Paul High Academic Standing award, top marks in Social Studies 30, Biology 30, Chemistry 30, the Kates Memorial Award and an Academic Honors award going to Anthony Bayduza, while David Hellquist won the Dr. K. C. Miller Best All Around Student award.

1994

Elk Point's Provincial Court House closed its doors for the last time after 28 years of service, the victim of deficit cuts across the province, although the close to 80 cases heard the final day seemed to contradict the "low case volumes" cited by Minister of Justice Ken Rostad as one of the reasons for closure. The BiProvincial Heritage Tourism Steering Committee

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.

was seeking a consultant for research, site evaluation, documentation and preparation of a feasibility study aimed at marketing the rich past of northwest Saskatchewan and northeast Alberta to tourists.

1999

Elk Point seniors celebrated the International Year of Older Persons on Oct. 1 with a dinner and the presentation of pins to residents who turned 80 in 1999, including Sid Holthe, Ivan Howe, Karl Heinemann, Pearl Slywka, Rose Kozicky, Carl Dembicki, Bill Boyko and Annie Jacula. Elk Point RCMP Detachment marked the 125th anniversary of the coming of the Northwest Mounted Police with a commemorative portrait of its members taken at the RCMP Centennial Cairn.

2004

Travis Lindquist was named the Best All-Around Academic and Athletic Student for the Dr. K. C. Miller award at F. G. Miller High School Awards Night, where the winners of more than 250 trophies, pins, certificates and cash awards came forward to accept their prizes, with almost 70 scholarships and additional awards already presented at the commencement awards in August. Lindquist and Amanda Poulin were named FGM's senior athletes of the year, the junior honours going to Cassy Cochrane and Craig Dallaire.

2009

Town council passed a motion to partner with the town and County of St. Paul in a regional water system, with town manager Myron Goyan authorized to apply for grants under the Water for Life program. Alyx Aarbo was presented with the Dr. K. C. Miller Best All-Around Student award at F. G. Miller's Awards Night, along with the ATB Financial award for top Grade 11 academic standing and merit pins in five subjects.

ELK POINT REVIEW

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Vicki Brooker
EDITOR



Melanie McRae
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Doug Bassett
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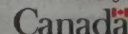
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We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage.



Elk Point Volunteer Firefighters...

Our community's heroes... in Fire Prevention Week and all year long



Vicki Brooker photo

Elk Point Volunteer Fire Department includes, back row, left to right: Lyle Frisby, Fire Chief Ken Palamarek, Robert Smith, Mike Ernst, Brodie Schmitt, Jordan Cousins, Jeffrey Oracheski, Matthew Gormley, Han-Lo Pittlejohn; front, left to right, Mark Gormley, Kurtis Kulczycki, John Schmitt, Luisolo Manuba Jr., Antonio Agacid Jr. Not shown are firefighters Jon Kadutski, Andrew Morin, Kole Boyko, Waylon May, Jerin Bezpalko, Darvin Snaychuk, Chris Cross, Leo Telis, Jake Magosse, Sheridan Nath, Ken Dion, Darryl O'Reilly and Peter Danyluk.

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Elk Point Elementary School
All the staff at Elk Point Elementary School

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FIRE PREVENTION WEEK

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Firemen at work



The weekly Monday fire practice gives Elk Point Volunteer Firefighters the opportunity to hone a variety of skills that they use at motor vehicle accident scenes. Last Monday, the firemen removed the roof of a van, first cutting through the door posts (above) and sawing through the windshield (above left) before lifting the roof off. Many of the Elk Point Fire Department's 85 calls in 2014 have been to attend vehicle crashes, with medical assists also numerous in an exceptionally busy year.

Vicki Brooker photos



Please stay out of the way when the firefighters are engaged in a battle!

Thank you to all Firefighters!

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Many thanks to our local Fire Dept. Personnel

FIRE PREVENTION WEEK
OCTOBER 5-11



ELK POINT
Town of Elk Point
The Mayor, Council & Staff

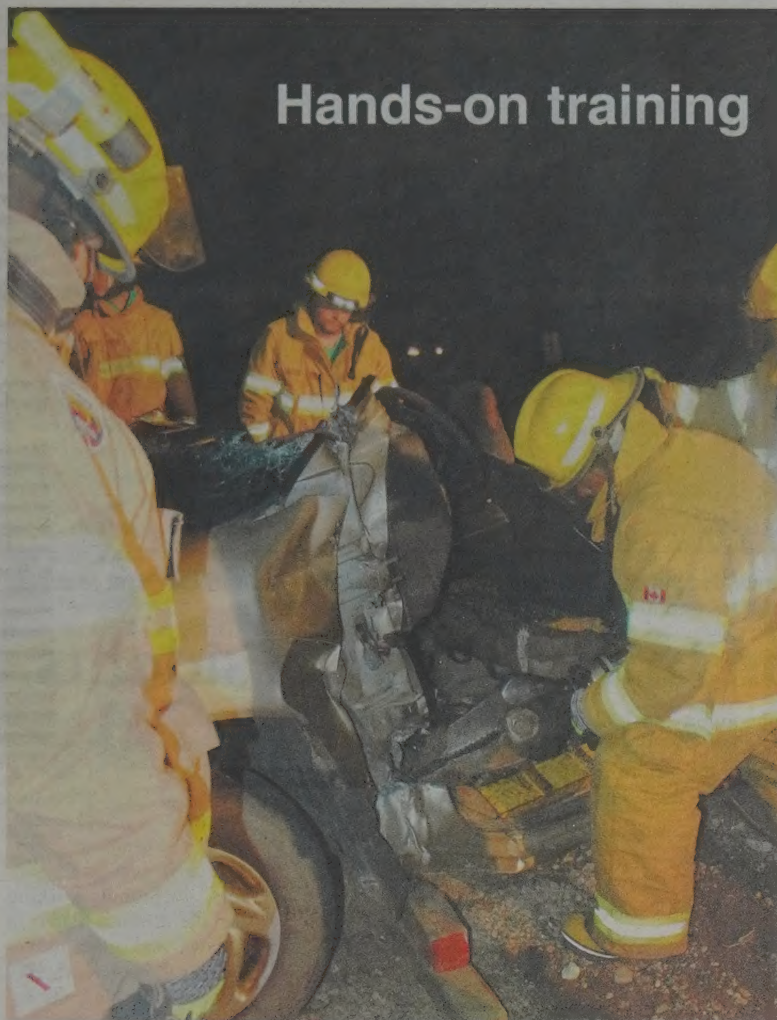
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"Thank you to our local Fire Dept. volunteers for always being there"



Hands-on training



Once the vehicle's roof was removed, the firefighters learned the techniques used in doing a dash roll, which lifts the dash and steering column to release a trapped occupant from a crashed vehicle. Front door posts on both sides of the vehicle were cut, left, before a hydraulic ram is wedged in place, above, to lift the dash away from the seats. The fire department recently saw a demonstration of new cutting tools which will make procedures of this type much easier, and the department's captains noted that the new equipment is needed because newer vehicles have been built with materials and structural components that are more difficult to cut than those in older models.



We are very fortunate to have a great fire department in Elk Point.

Thank you to Waylon May and your fellow firefighters.

from management & staff

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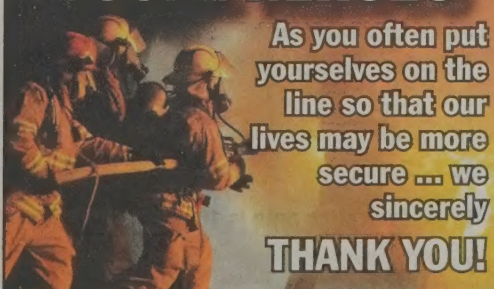
DON'T LOSE YOUR HOME
to carelessness - always be prepared with the proper equipment and alarms!



Elk Point REVIEW

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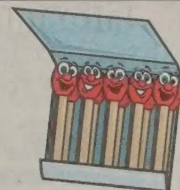


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Vicki Brooker photo

Shannon Stubbs, centre, is seeking the Conservative Party of Canada nomination for the new federal Lakeland riding, and met with Elk Point residents over coffee on Monday afternoon to outline her priorities as a future Member of Parliament.

Stubbs seeking nomination, meets local residents

VICKI BROOKER
Review Staff

Shannon Stubbs of

Two Hills, who is seeking the Conservative Party of Canada nomination in the new Lakeland riding, met

with Elk Point and district residents at a well-attended coffee party last Monday and took the

opportunity to both outline her priorities and discover the priorities area residents feel should be

addressed by the federal government.

Originally from Chipman, Stubbs earned

a BA in both Political Science and English at the University of Alberta, and built a career that spanned government, post-secondary, private and non-profit sectors, including working for the Reform Party in Ottawa and in first-ever Beaver River Reform MP Deborah Grey's constituency office.

Stubbs expressed a firm belief that "Roots, principles and convictions really do matter," and said she knows "how important it is to stick to your guns in politics."

Keeping the economy strong, building safe communities, recognizing the family as the building block of society, protecting liberty, and supporting trade in Alberta and around the world are all of the utmost importance, Stubbs notes in her campaign literature.

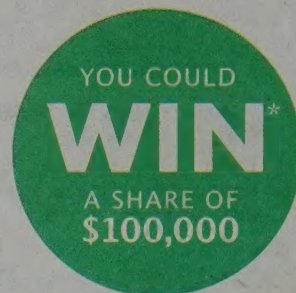
Tea time tomorrow @ the library

DAPHNE SCHNURER
Librarian

Elk Point Municipal Library is back to the usual programming for fall, with the second Library Tea of the new season coming up at 2 p.m. tomorrow.

Make sure to join us for some fun and fabulous, calorie-free (?) treats on Wednesday, Oct. 8, and remember that everyone is welcome to bring a friend!

Mark your calendar for our annual Alzheimer Coffee Break, coming up Tuesday, Oct. 28 from 10 a.m. to 4 p.m. Come out that day and enjoy a spectacular cup of coffee, such as Pumpkin Coconut Spice, Peppermint Mocha or tea while you support the Alzheimer Society in our community.

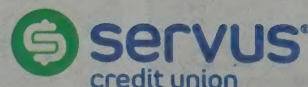


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First skate tonight!

A. G. Ross Arena ice making issues resolved

I was wrong last week when I mentioned that the managers and umpires wouldn't be getting into each other's face anymore because of instant replay. That may be true for base runners, but ball and strikes are still the umpire's call and will still be scrutinized. Saturday night the Washington Nationals manager got tossed along with the batter when he questioned the third strike. I would like to have heard that conversation! But, I was right about every pitch having an impact on the game, witnessed it a few times last week when a batter would have a full count, get the perfect pitch and clear the bases with one swing of the bat. He's a hero; the pitcher wishing he had that one back, awesome stuff!

I was reading in the weekend paper that Oilers are having a 30-year anniversary of their first Stanley Cup and bringing back the old boys, including, if you can believe it, the old owner Peter Puck. Wonder what kind of welcoming he will get. He traded away the Great One. A lot of people still remember that day and couldn't believe it was true. Thirty years ago, Wayne Gretzky was rewriting the record books. He grew up in Brantford, only a few miles from our place on Jerseyville Road. I was already in Alberta when he started playing with the Oilers. I did cheer for him and the Oilers, but only if the Leafs were not in town, I could never seem to get this blue

and white blood out of my system, even to this day.

The Leafs and the Oilers both look good in pre-season, but pre-season is about seeing players and not about winning games, so I never count much on a team doing well until the regular season. Some of the young kids will get sent down to the minors these next two weeks. When the manager calls you to the office, you know it's not good news. I wouldn't want to have

to give out that news. Do they break it to them nicely, like, "Hey kid you have potential, just need some fine tuning, you will be back in the big league in no time" or do they say, "See you later kid, pack your bags, you're off to ride the bus!!!"

Of course we had our usual setback last week making ice, a problem with a brine pump coupler on Monday and then problems with the white ice pump on Wednesday, but it was great to see how many new people turned out on Friday night for putting on the lines. Tonight will be the first skate, and I know more than a few kids have been bugging their parents "when can we skate?" Not expecting any games until after the Thanksgiving weekend, but look out after that, game on!

Now for the K.A. Campbell quote of the week. "Just tape four Tylenols to it." Last week's answer to: "We are finally starting to see the train at the end of the tunnel." - Jean Perron



doug
BASSETT
Review Sports



Vicki Brooker photo

Running off into the sunset...

An individual 100 km runner in Saturday's Iron Horse Ultra 100 heads into the sunset with a supportive friend alongside to provide encouragement.

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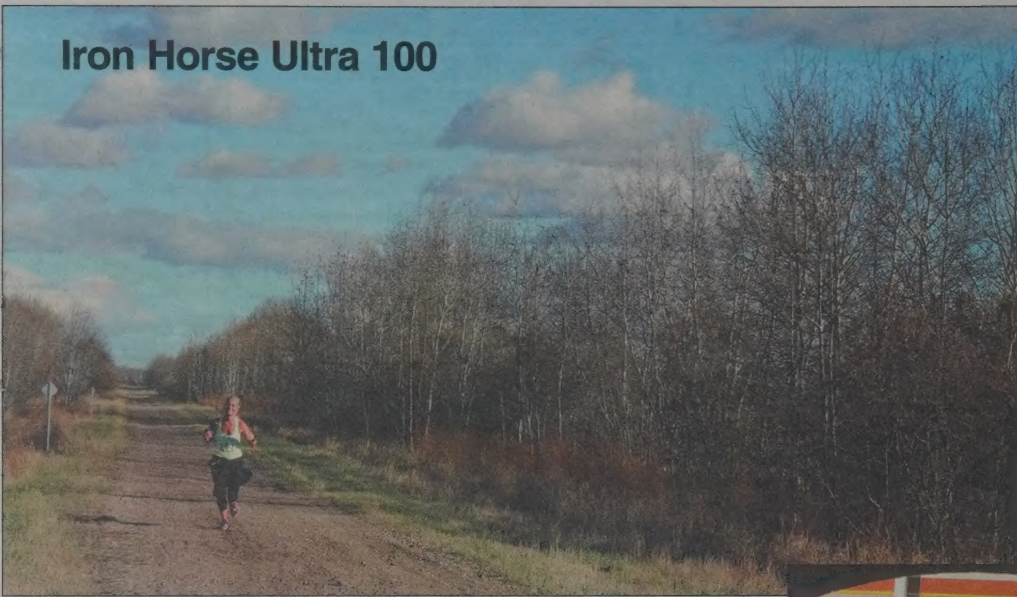
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Iron Horse Ultra 100



Vicki Brooker photos

An Iron Horse Ultra 100 runner heads west toward Armistice in the afternoon sunshine, above. At right, another runner checks in at the Elk Point Staging Area. Below, runners and supporters take a break around the campfire.



Two signs just west of Elk Point marked the division between the 100 km run, which headed back to St. Paul from that point, and the 100 mile, which headed south and east to Fort George and Buckingham House historic site and Lindbergh before looping back to Elk Point via the Iron Horse Trail and back through this point to St. Paul.



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